

Transition support Plan for Junior girls progressing to play with the
County Ladies Squad

Regular close liaison between the 1st / 2nd Team Capt's / CJO .

It is felt important to work closely with the County delegates to identify promising juniors for future county involvement

1. Identify Juniors with the ability to play for the Ladies squad.
2. Look at support or guidance each Junior may require.
3. Consider a mentor / buddy system so that an established squad player can provide some guidance to the new player
4. Remember what it is like to be new in a group and how to engage new members.
5. Away matches or match week can feel daunting for a new younger player, be aware. Someone needs to take responsibility for the younger members when away from home.
6. Regularly review the support provided with both the CJO/ Team Captain and subject player.
7. Acknowledge that U18's may feel a little lost / isolated within the ladies squad .They can lack social confidence and experience
8. When youngsters progress to the ladies' squad look at expectations, both from the junior and the ladies position.

Communication

Progressing juniors need to start to take responsibility for, contacting / replying to CJO / Captains as required.

An agreed line of communication is needed, correct email / text / tele numbers.

Who is the first point of contact?

Time limits required for responses.

Do older juniors require copy letters to their parents?

Perhaps a group session each season with the juniors to discuss how the involvement with the ladies' teams has (a) Felt (b) benefited them.

Remembers U18's need a medical form /parent / carer consent for emergency treatments